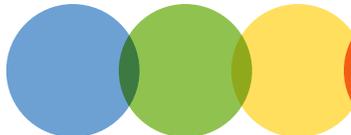


  
A Weekly Update  
For The Employees of  
North Central Health Care



Show Some Love... - Submitted by an Anonymous Cupid

 NEWS YOU CAN USE



**WEEKLY CONNECTION WITH MICHAEL LOY**

**Love Thaws a Frozen Heart**

We've been in the middle of a considerable cold stretch over the past few weeks. It looks like we might be able to move into warmer days soon. The middle of February also brings us to the Hallmark of holidays, Valentine's Day. Perhaps Valentine's day can make the cold feel a little bit warmer. While it began as a religious observation, Valentine's Day guarantees that at least once a year we have to be a bit romantic or face the consequences of unmet expectations. For my kids, it means another candy haul as they share valentines with their classmates. And to think that we just finished filling a couple cavities that had to have come from Halloween.

This week I want to take this opportunity to talk about the importance of human connection.

*"I define connection as the energy that exists between people when they feel seen, heard, and valued; when they can give and receive without judgment; and when they derive sustenance and strength from the relationship." – Brené Brown*

One of the most prominent impacts felt from the pandemic has been the lost ability for human connection. I'm sorry, but Zoom and WebEx haven't cut it for me. It doesn't transfer attention or energy sufficiently. We persisted with what was available to us for nearly a year now, but it's time to get back to opportunities for human connection. Masks and distance further make it feel as if a wall has been put up. Don't get me wrong, these things have been important for our health and safety, but it is also important to acknowledge how they impact life. It's hard to say that we all don't feel a little disconnected these days.

I believe that for North Central Health Care, our ability to Refine Human Connection is our make or break as an organization. I see it as the most important focus for us to have with our co-workers, patients, and community. There is no strategy, opportunity, or process improvement that has the potential to transform our organization like Redefining Human Connection does. It boils down to this - each day and in every interaction, we get the opportunity to make or break human connection. Connections are made in something as simple as a smile and hello in the hallways, or as demanding as truly serving someone who might be having their worst day. I believe that the culture of our organization needs to be one around this idea of Redefining Human Connection. An idea that if we focus on proactively

- continued on page 2

- Valentine's Day** ..... **2**  
Mount View Shows the Love
- Covid-19 Status Report**.. **3**  
Staff Cases & Operations
- Flash Fridays** ..... **6**  
What is Tracer Methodology?
- Tidbits on Benefits**..... **7**  
American Heart Month
- On the Move** ..... **8**  
Promotions & Transfers
- Words of Appreciation**.. **11**  
Just for You, NCHC Staff!

**ADMINISTRATOR ON-CALL**  
x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

Monday, Feb. 15 –  
Sunday, Feb. 21

**Jaime Bracken**



Person-Centered  
**Shout**

**out**

**Julie Rasmussen, Andrea Street**

**Why:** Sitting for numerous hours with a client in the Emergency Department before they admitted him.

**Submitted By:**  
**Danielle Mazzone**





- continued from page 1

building positive human connections by seeing, hearing, and valuing each other, then we can transform the way people experience this organization in all facets.

It feels really good to give someone a note, card, flowers, or a box of chocolates during this time of year. Imagine the possibilities of focusing on making a positive connection in each interaction. Your time, attention, and care are some of the greatest gifts one human being can give to another. Love doesn't require us to be in a relationship. If we avoided the choices that break human connection, and instead focused on how we can build it, the world can no doubt be a better place. Even in the toughest of situations, or the toughest of days, love will thaw a frozen heart.

Make it a great day,

*Michael*



PHOTO OF THE WEEK



Show Some Love... - Submitted by an Anonymous Cupid

SHOWING SOME LOVE

This week, WAOW TV 9 ran a story about a social media post regarding NCHC's eCards for residents, patients and clients. You can find the story online at <http://bit.ly/NCHCecards>. The news station asked if we had some cute Valentine's decor they could share for the story. You bet! It didn't take long to find Valentine's decor around the Wausau Campus. This week's photo was a display made up in Reflections at Mount View by Danielle Brusky. What a great display. Thank you to all the staff who take time to share some love. It really does brighten everyone's day!

Submit A Great Photo From Your Week!

Submit your photo and description to [jmeadows@norcen.org](mailto:jmeadows@norcen.org) or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.





**Wear a Mask – Maintain Social Distance – Wash Your Hands  
Stay Home If You Are Sick – Report Symptoms to Employee Health and Manager**

Cases reported below are current active employee cases. All employee cases previously reported that are no longer shown below have been cleared to return to work from NCHC Employee Health and local health officials based on a review of the individual case details.

**PPE GUIDELINES**

**Visitors:** Cloth face covering or surgical masks required. Visitors will be screened using the COVID Screener (Version 3).

**Employees:** Face coverings required while entering the building. Self-screening required using temperature kiosks procedures. Surgical masks at a minimum required while within all NCHC buildings. Staff may remove masks while working alone in private offices.

**Employees Working in Direct Patient/Resident Care:**

Each patient/resident care area will be designated as being in Standard or Enhanced Precautions. Units on Enhanced Precautions must have it clearly posted on the entrance to the unit.

- o *COVID Standard Precautions* – Surgical Mask, Gloves and Eye Protection (Face shield, goggles or safety glasses) required.
- o *Enhanced Precautions* – N95 Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.

**NCHC COVID-19 WEEKLY STATUS REPORT**

*Confidential Employee Report*

**Employee Cases Reported through February 11, 2021**

Program	Current Active Employee Cases	Date Reported
<b><i>New Cases</i></b>		
Pine Crest – Long Term Care	1	2/11
Food Services – Wausau	1	2/11
Purchasing – Wausau	1	2/10
Residential – Chadwick	1	2/8

***Previously Reported***

All previously reported cases in employees have been cleared to return to work.

**Total Active Employee Cases 4**

Program Hours and Operations Online:  
[www.norcen.org/Covid-19](http://www.norcen.org/Covid-19)

**COVID-19 PAID SICK LEAVE UPDATE:  
EFFECTIVE 1/1/21**

Emergency Paid Sick Leave (Coronavirus) Policy #205-1140 provisions ended December 31, 2020. Currently, there is no legislation that supports extending those provisions into 2021. Staff will continue to screen appropriately, report symptoms and not report to work if experiencing any signs of illness. As a result of no supporting legislation, staff will be required to use PLT or take unpaid leave.

**GENERAL OPERATIONAL STATUS GUIDELINES:**

- Virtual visits and treatment whenever possible.
- Essential visitors and contractors only – compassionate care visits may be approved by a Program Director. Volunteer programming remains suspended.
- In-person meetings are allowed only if each of the participants can maintain appropriate social distance or if there is a physical barrier between individuals.
- Group sizes for meetings or treatment must be limited to 10 or less. On-site interviews and Orientation are allowed with an option for virtual participation provided.
- Current Remote Work guidelines remain. Please work with Manager and Human Resources.
- Program admissions, closures, opening of COVID units, and staff re-deployments will be determined by Incident Command daily. Updates provided to staff at least weekly.

**PROGRAM-SPECIFIC OPERATIONAL STATUS UPDATES:**

**MVCC** – Units on Enhanced Precautions – None. Accepting admissions. 1x Weekly Testing Staff. No Patio Visits allowed. Window, Virtual, and Compassionate Care Visits Allowed.

**Pine Crest** – Units on Enhanced Precautions – Rehab. Accepting admissions. 1x Weekly Testing Staff. No Patio Visits allowed. Window, Virtual, and Compassionate Care Visits Allowed.

**BHS Adult Hospital** - Open and operational. No visitation allowed.

**BHS Enhanced Precautions Unit** – Closed.

**BHS Youth Hospital** - Open and operational.

**Crisis Center** - Open and operational.

**Crisis CBRF** - Open and operational. No visitation allowed.

**Adult Day Services – Wausau** – Open and operational.

**Adult Day Services – Antigo** – Open and operational.

**Prevocational Services – Wausau** - Open and operational.

**Adult Day/Prevocational Services – Merrill** – Open and operational.

**Residential Services** – Open and operational. No visitation allowed.

**Lakeside Recovery** – Closed. No Admissions.

**Outpatient Clinics** - Open and operational. TeleHealth appts. as much as possible. No in-person groups.

**Community Treatment** - Open and operational. TeleHealth interactions as much as possible.

**Aquatic Therapy Center** – Open and operational.

**Adult Protective Services** - Open and operational.

**Clubhouse** - Open and operational.

**Hope House** - Open and operational.

**McClellan House** - Open and operational.

**Pharmacy** - Open and operational.

**Transportation** - Open and operational for medical, grocery and employment appt transportation for elderly and developmentally disabled.



Prevent common infection prevention mistakes!

# Wash your hands for at least 20 seconds!

80% of disease are transmitted by touch

Only 5% of people wash their hands long enough

The average person only washes their hands for 6 seconds after using the toilet



North Central Health Care  
Person centered. Outcome focused.



Helping You Turn Over a New Retirement Leaf

**HAVE QUESTIONS ABOUT YOUR WISCONSIN RETIREMENT BENEFITS?**  
Schedule a virtual meeting with Shawn for a time that works for you!  
Meet by phone or video chat.

[https://nc\\_wisconsin.timetap.com/](https://nc_wisconsin.timetap.com/)





# VIRTUAL SALE

[www.pruniforms.com](http://www.pruniforms.com)

Visit us online for a virtual sale!

**10% off your entire purchase!**

**February 7<sup>th</sup> - 27<sup>th</sup>**

**\*Payroll Deduction Available!\***  
Up to 2 pay periods

Free shipping on orders \$75 and over

THANK YOU | While many of us are facing social distancing, you are sacrificing yourselves to take care of our loved ones. You are the courageous heroes of this Coronavirus pandemic, knowingly putting yourselves at risk to save lives. And we thank you!

PAYROLL DEDUCTION where available

[www.pruniforms.com](http://www.pruniforms.com) | Brands & Styles Subject to Availability



**TAKE CONTROL OF YOUR HEALTH IN 2021**

## Tria Health's Pharmacy Advocate Program

Tria Health's pharmacists provide one-on-one telephonic counseling for members to discuss how lifestyle and medication impact chronic conditions. They provide valuable, clinically based information on how to improve your health. And, they will coordinate any recommendations with the members' physician and/or pharmacy. Tria Health is a no cost benefit available through your North Central Health Care insurance.

**Active Members Can Receive up to \$150 a Year for Participating in Tria Health!**

## Build your baby's brain through talk!

Free virtual classes for parents!

### LENA START<sup>™</sup> Marathon County



- FREE gas/food cards and prizes
- FREE children's book each week
- FREE class materials
- FREE graduation t-shirts

#### With LENA Start YOU CAN:

- Get your child ready for success in school
- Learn simple ways to increase your child's language growth
- Improve communication with your child
- Track your progress with a LENA device

**WHO:** Parents/caregivers of children 0-33 months old  
**WHEN:** 10-week online program begins the week of 2/22

- Multiple class day and time options
- Classes in Spanish or English
- Free internet help available

**MORE INFO / REGISTER:**  
Visit [lenastartmc.org](http://lenastartmc.org), call/text 715-660-0397 or email [ntank@chw.org](mailto:ntank@chw.org)

Registration deadline: 2/15  
**FREE! SIGN UP TODAY!**



Support for this project was provided through the Caroline S. Mark Legacy Fund of the Community Foundation of North Central Wisconsin, S.A. & Esther Semelink Foundation, Dudley Foundation, Catherine Cain Foundation, Northfork Technical College, Washburn County, Washburn County Public Library Foundation, City of Rhosau, CHS, United Way of Marathon County, anonymous donors and the partners.

## THE SPRING 2021 LENA START CLASSES BEGIN THE WEEK OF FEBRUARY 22ND

Because of COVID-19, these classes will be offered virtually via Zoom. With current limits on gathering in-person, it has been a way for parents to engage with each other and for us to continue to reinforce that parents have the power to make a huge difference in the lives of their young children by talking and interacting with them. Building important brain pathways and resilience in young children is more important than ever during these trying times.

There are multiple day/time options and a Spanish class as well.

Monday 8-9 pm

Tuesday 7-8 pm

Wednesday Noon-1 pm

Thursday 8:45-9:45 am

Thursday 6-7 pm

Registration link <https://www.lenastartmc.org/register-for-a-lena-start-class>



# FLASH FRIDAYS



## Continual Readiness

February 12, 2021

Flash Fridays will be distributed weekly on Fridays to prepare you for upcoming surveys like The Joint Commission or State of WI surveys. The Continual Readiness information provided will pertain to all areas within NCHC, from Behavioral Health to Skilled Nursing Care, however some information may be more specific to one survey. Some may only pertain to clinical staff, but always read it thoroughly. If you have questions, ask your Team Leader to explain how the topic relates to your area.

## TRACER METHODOLOGY

The Joint Commission (TJC) conducts surveys using tracer methodology which follows the experience of care, treatment, or services of individuals through the organization's entire healthcare delivery process. There are two types of tracers – individual tracer activity (patient tracers) and system tracer activity.

### Individual Tracer Activity (Patient Tracers)

- TJC evaluates compliance with standards related to care, treatment, and services provided to a patient. The surveyor will follow the path of a selected patient through the organization; for example, a patient in the Inpatient Behavioral Health Hospital, a patient who receives Outpatient care, or a Community Treatment client.
- All Employees, physicians, and departments caring for the patient and family, **directly or indirectly**, may be interviewed by the surveyor.
- Duration of a tracer is typically 60-120 minutes.
- The surveyor may interview employees about intra/ inter-departmental communication (i.e. handoffs), use of data, flow of patients, National Patient Safety Goals, patient education, team member orientation, education and competency, medication processes, infection control processes, treatment planning, etc.
- Patients and families may be interviewed as well.



### System Tracer Activity

- System tracers explore high-risk system processes common to healthcare organizations (for example medication management, infection control, emergency management, restraint, seclusions and the use of data).
- These include scheduled interviews that involve leadership, directors, and managers. However, these may also result in a patient tracer activity at the end of the interview. For example, during a medication management interview, the surveyor could request a follow-up patient tracer activity on a patient receiving medication management, Outpatient injections, or Inpatient Pharmacy Medication processes to validate our process.

Questions? Contact your team leader, any member of the Leadership Team or Survey Readiness Team.





# tidbits on benefits



Sherry Gatewood, PA

## WELLNESS CORNER

Submitted by Sherry Gatewood, PA

## FEBRUARY IS AMERICAN HEART MONTH

### Facts About Hypertension

<https://www.cdc.gov/bloodpressure/facts.htm>

Blood pressure is the pressure of blood pushing against the walls of your arteries. Arteries carry blood from your heart to other parts of your body.

Blood pressure normally rises and falls throughout the day, but it can damage your heart and cause health problems if it stays high for a long time. Hypertension, also called high blood pressure, is blood pressure that is higher than normal.

### Facts About Hypertension in the United States

In 2017, the American College of Cardiology and the American Heart Association published new guidelines for hypertension management and defined high hypertension as a blood pressure at or above 130/80 mm Hg. Stage 2 hypertension is defined as a blood pressure at or above 140/90 mm Hg. 1

### Blood Pressure Categories

Blood Pressure Category	Systolic Blood Pressure	Diastolic Blood Pressure
Normal	<120 mm Hg	and <80 mm Hg
Elevated	120-129 mm Hg	and <80 mm Hg

### Hypertension

**Stage 1 130-139 mm Hg or 80-89 mm Hg**

**Stage 2 ≥140 mm Hg or ≥90 mm Hg**

Having hypertension puts you at risk for heart disease and stroke, which are leading causes of death in the United States.2

In 2018, nearly half a million deaths in the United States included hypertension as a primary or contributing cause.2

Nearly half of adults in the United States (108 million, or 45%) have hypertension defined as a systolic blood pressure ≥ 130 mm Hg or a diastolic blood pressure ≥ 80 mm Hg or are taking medication for hypertension.3

Only about 1 in 4 adults (24%) with hypertension have their condition under control.3

About half of adults (45%) with uncontrolled hypertension have a blood pressure of 140/90 mm Hg or higher. This includes 37 million U.S. adults. 3

About 30 million adults who are recommended to take medication may need it to be prescribed and to start taking it. Almost two out of three of this group (19 million) have a blood pressure of 140/90 mm Hg or higher.3

High blood pressure was a primary or contributing cause of death for more than 494,873 people in the United States in 2018.2

High blood pressure costs the United States about \$131 billion each year, averaged over 12 years from 2003 to 2014.4

### Rates of High Blood Pressure Control Vary by Sex and Race

Uncontrolled high blood pressure is common; however, certain groups of people are more likely to have control over their high blood pressure than others.

A greater percent of men (47%) have high blood pressure than women (43%).3

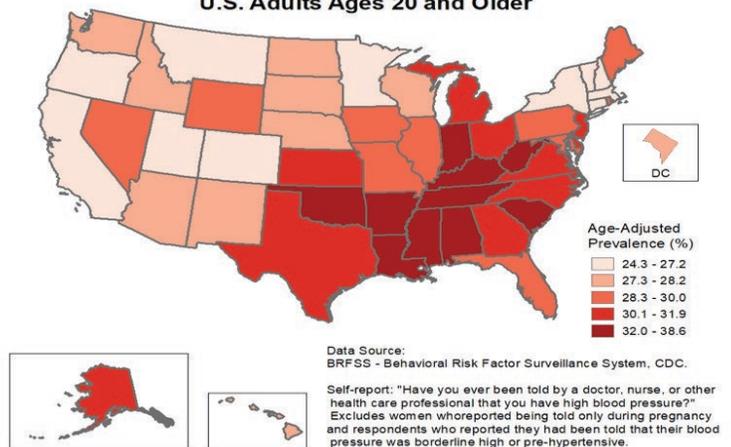
High blood pressure is more common in non-Hispanic black adults (54%) than in non-Hispanic white adults (46%), non-Hispanic Asian adults (39%), or Hispanic adults (36%).3

Among those recommended to take blood pressure medication, blood pressure control is higher among non-Hispanic white adults (32%) than in non-Hispanic black adults (25%), non-Hispanic Asian adults (19%), or Hispanic adults (25%).3

### Rates of High Blood Pressure Vary by Geography

High blood pressure is more common in some areas of the United States than in others. Below is a map showing the self-reported rate of hypertension by state in 2011 (using a definition of hypertension as a blood pressure ≥140/≥90 mm Hg). However, this map likely underreports the true effect of hypertension in each state, because about 1 in 5 adults with high blood pressure is unaware of it and would not report having it.

Prevalence of Hypertension, 2017  
U.S. Adults Ages 20 and Older



This map shows the highest rates of hypertension prevalence are located in Oklahoma, Arkansas, Louisiana, Mississippi, Alabama, South Carolina, Tennessee, Kentucky, West Virginia, and Indiana. The high rates range in value from 32 to 38.6 percent of adults 20 years and older reporting they have been told by a doctor that they have high blood pressure.

Source: Behavioral Risk Factor Surveillance System





# HRinsights

## Position Posting

**Title:** Clubhouse Generalist

**Status:** Full Time **Location:** Wausau

To apply or learn more: <http://bit.ly/CHGen>

The Clubhouse Generalist must be able to work within the positive and effective recovery model that promotes hope, healing and empowerment for adult consumers needing mental health and/or substance abuse services. Generalist staff will share employment, housing, evening & weekend, holiday and unit responsibilities/coverage. Generalists dedicate their time to the unique nature of member/staff relationships. Want to know more about Clubhouse? Check out the video at [www.norcen.org/Clubhouse](http://www.norcen.org/Clubhouse)

**Required:**

- One to three years experience working with adults with persistent mental illness

## Position Posting

**Title:** Behavioral Health Clinical Manager - Psychologist

**Status:** Full Time **Location:** Wausau

To apply or learn more: <http://bit.ly/BHCMNCHC>

This position will act as Clinical Manager for the Adult Acute Care clinical team, comprised of the Behavioral Health hospital, Crisis Services, Acute Care Stabilization Facility, and Medically Monitored Treatment (Substance Use/Mental Health residential) program social workers and therapists. Clinical oversight of, and involvement in, Behavioral Health hospital programming, as well as psychological testing and evaluation are requirements of the role. Coordination with partnering NCHC department managers and directors and with representatives of outside agencies is required.

**Required:**

- Current Wisconsin Clinical Psychologist License

**Preferred:**

- Three to five years experience • Clinical supervision experience

### ON THE MOVE!

#### Congrats Kristy Lemmer!

Congratulations to Kristy Lemmer for a recent promotion from Dietary Supervisor to Dietary Manger in Food Services! Congrats Kristy!



#### Congrats Mary Jo Monday!

Congratulations to Mary Jo Monday for her recent transfer from Organizational Development Support to Human Resources Coordinator! Congrats Mary Jo!



#### Congrats Alexa Pozorski!

Congratulations to Alexa Pozorski on her recent promotion from Hospitality Assistant to Certified Nursing Assistant at Pine Crest! Congrats Alexa!



#### Congrats Morgan Bever!

Congratulations to Morgan Bever for her recent transfer from CNA in Legacies to Residential Care Assistant at Chadwick! Congrats Morgan!

#### Congrats Jennifer Campbell!

Congratulations to Jennifer Campbell for her recent transition from CNA in Legacies to Health Unit Coordinator in Post Acute Care! Congrats Jennifer!



#### Congrats Scott Bever!

Congratulations to Scott Bever for his recent move from Youth Hospital Patient Care Professional to Crisis Professional! Congrats Scott!



#### Congrats Leah Guralski!

Congratulations to Leah Guralski on her recent transition from Health Unit Coordinator to Central Supply Clerk! Congrats Leah!



#### Congrats Kristen Wurth!

Congratulations to Kristen Wurth on her recent transition from HR Coordinator to HR Business Partner! Congrats Kristen!

#### Congrats Naly Kue!

Congratulations to Naly Kue on her recent promotion from Administrative Assistant to Dietary Manager in Food Services! Congrats Naly!



#### Congrats Ashley Hubert!

Congratulations to Ashley Hubert for her recent transition from Crisis Tech to Residential Care Assistant in Riverview Towers! Congrats Ashley!



#### Congrats Jennifer Jacobson!

Congratulations to Jennifer Jacobson for her recent transition from Mental Health/Substance Abuse Therapist to Clinical Coordinator in Outpatient Services! Congrats Jennifer!



#### Congrats Deanna Nowak!

Congratulations to Deanna Nowak for her recent promotion from Nursing Supervisor to Nurse Manager at Mount View! Congrats Deanna!

#### Congrats Lauren Bohm!

Congratulations to Lauren Bohm for her recent transition from Dietary Aide to CNA in Long Term Care! Congrats Lauren!





Referring Someone for a Job is As Simple As Sending a Text!

Do You Know of Experienced, Qualified and Reliable Candidates to Join Our Team?

## Here's your chance to earn

You could earn the following REFERRAL BONUS...

When your recruit joins the NCHC Team and after you have both met the referral requirements.\*

**How to Apply?** TEXT "Refer" to 715.598.3663 or complete the referral form located in Human Resources. Submit to Human Resources at the time your recruit applies for employment at North Central Health Care.

**\*Referral requirements:** Half of payment is disbursed after 6 months and the remainder after 1 year. You and your recruit must be in good standing throughout this period. *What does that mean?* No written warnings for attendance or other performance issues.

North Central Health Care offers equal opportunity in employment and in service delivery.



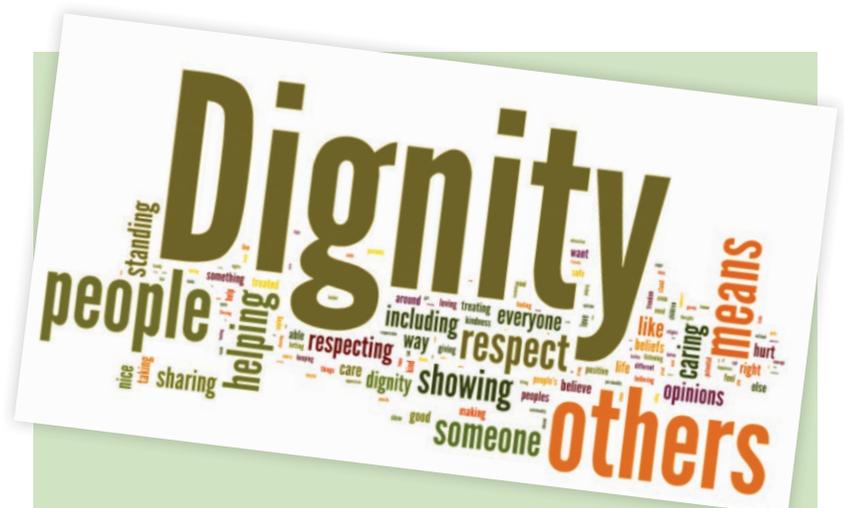
Refer A Friend or Colleague!  
Text "Refer" to 715.598.3663



NCHC CORE VALUE

# Dignity

We are dedicated to providing excellent service with acceptance and respect to every individual, every day.





# WAUSAU CAMPUS CAFÉ



**NEW ITEMS  
AVAILABLE EACH WEEK**



# Grab-N-Go Menu

**NEW HOURS!**

**Monday – Friday | 10:30 AM – 5:30PM or Until Sold Out**

### Self-Serve and Ready to Eat!

All menu items are pre-made in our kitchen and individually packaged for you to grab and go! Sandwiches and soups are cold and ready to heat at your convenience. No hot foods will be available.

### Limited Quantities

Food will be available in limited quantities each day and will not be restocked. When it is sold out, it's sold out.

### Self-Check Out

Employees are required to pay with Quick Charge or Credit Card. No cash exchanged. Employees will follow a self check out style purchase by using a touch pad kiosk and swipe badge or credit card to complete transaction. No meal tickets accepted.

### Safety Precautions

Hand sanitizer required before entering and after using self-check out stand.  
Only 3 people allowed in food selection area at a time to maintain social distancing requirements. Masks required at all times.  
No eating in Cafeteria. Please Grab and GO! Beginning November 30, crossing Zones will be allowed to access Café.

Parfaits	Assorted Bakery	Assorted Cold Sandwiches
Nuts	Homemade Soup	Assorted Wraps
String Cheese	Tuesday –Friday Only	Milk, Juice, Coffee,
Greek Yogurt	(Packaged and	Bottled Water, Tea
Cookies	Ready to Reheat)	



Click on the quickcharge<sup>®</sup> icon on any NCHC Network Computer desktop and enroll online today!

NCHC Employees, to start using quickcharge<sup>®</sup>, you **must** enroll online.

Your username and password are the same as your network login information.



## ARE YOU CHECKING OUT PROPERLY WHEN YOU PAY IN THE WAUSAU CAMPUS CAFÉ?

### You May Be Paying for Someone Else's Food! Oops!

We have received feedback from staff that when they tap the screen to begin their self-check out process, items are still on the screen from the prior employee. This means that employees are leaving without paying for these food items and are not finishing the purchase! Ooops!

1. Please make sure you are double checking you have paid for your purchases and completed the transaction. Follow ALL the steps on sign at the kiosk.
2. Before you start checking out, look to see if there are any items in the cart. You may be paying for someone else's items if they did not check out properly.



Hey y'all! Thank you for everything y'all have done! It's almost been a year since y'all have started working non-stop. I know it's not easy not being able to spend time with your loved ones, so I thank you for that, and appreciate it so much. I hope this soon comes to an end. Thank you again, for your nonstop work!

**Thank YOU**

Mayra

THANK A HEALTHCARE WORKER

Dear healthcare workers, Thank you so much for putting yourself at risk for the safety of others. All the safety precautions you take and wear must be gruesome for you to endure, but we're all extremely appreciative for what you do. We're glad to know that we're in good hands and that there's someone to help us if we need it. Stay safe.

**Thank YOU**

Emma

THANK A HEALTHCARE WORKER

**Thank You!**

Dear Healthcare Worker, Thank you for everyday going to work and putting yourself at risk to help others in need. You're making the world a better place, and you're saving others, selflessly. Although you might seem like just one person, you're doing so much for everyone and it really is appreciated. Thank you so much, and stay safe!

**Thank You!**

Felicity

THANK A HEALTHCARE WORKER

**Thank You!**

Dear Healthcare workers, I really appreciate your hard work during this hard time. I want to thank you and let you know that many of us appreciate you for your service. It's really great of you to have continued working and risk your life in this time period. Know that your hard work is not in vain and your courage and kindness is seen by everyone. Thank you! We love you!

**Thank You!**

Yan

THANK A HEALTHCARE WORKER

Dear health worker, Thank you so much for your work in fighting against COVID. Your effort is very much appreciated and you are the star players in this fight. I'm aware of how difficult it is for you, but please keep in mind that everyone is very grateful for your work!

**Thank YOU**

LinH

THANK A HEALTHCARE WORKER

**thank you**

Dear Healthcare Worker, You're extremely brave for putting others before yourself in times like these. Dealing with the pandemic is much easier for families knowing that you're on our side! Stay strong, we're all rooting for you!

**thank you**

Chloe

THANK A HEALTHCARE WORKER

**thank you**

Thank you so much for everything you do for us! We really appreciate what you do!

**thank you**

Joey

THANK A HEALTHCARE WORKER

**Thank You!**

Hi! I just wanted to quickly appreciate and thank you for all your hard work that you have devoted towards patients during this pandemic! You are really brave and strong.

**Thank You!**

Sylvia

THANK A HEALTHCARE WORKER

**thank you**

Dear Healthcare Worker, Thank you so much for keeping us all safe while putting yourself at risk. It is so admirable what you are doing for the public and I really appreciate it! Stay safe while working and I hope you have a great year.

**thank you**

Emma

THANK A HEALTHCARE WORKER

**Thank You!**

Hello Healthcare worker! Thank you so much for all your hard work during this difficult time. Your persistence and dedication has really shown and we couldn't have pushed through this pandemic without you. We really appreciate your bravery as you help others during this time. We appreciate all that you've done!

**Thank You!**

Ella

THANK A HEALTHCARE WORKER